



THE SIBLEY GROUP

Positive psychotherapy for families, couples & adults

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Welcome to our Practice

The Sibley Group is a team of specialized child, teen, adult, couple and family therapists. We work with clients from toddlerhood to adulthood—in groups, family and couples settings, or individually. We provide techniques that are integrative and personalized to match your particular needs. We look forward to working with you and/or your family and helping you feel and live better.

Here are a few bits of information to help you get settled into our practice.

1. We offer appointments 7 days per week from morning through late evening. All of us work in the office on different days, so please contact your individual therapist directly by email or on their business cell phone to schedule an appointment. Contact information can be found at www.thesibleygroupdc.com.
2. While we don't have separate parking for our clients, there is metered or zoned street parking easily available behind our office.
3. We do offer snacks, tea and water to our clients, and we are happy for you or your child to help yourself.
4. Our practice is busy and sometimes our waiting room is full, especially on days when we have group sessions. Please take time to run an errand or step outside for some fresh air if you are waiting for your child and not participating in the session.
5. Our services are paid for on the day of the service, and we collect credit cards from all of our clients. Should you choose to pay by check, please bring or send a check each week.
6. Our billing specialist sends paid receipts at the end of each month via email. If you plan to submit for reimbursement, please request a medical diagnosis code and contact billing@thesibleygroupdc.com with any billing questions.
7. We survey our clients each quarter via email in order to continue to improve our services. We have designed the survey to take less than a minute.

We are grateful to do the work that we do, and we appreciate the opportunity to work with you and your family. Please reach out if we can be of further assistance at info@thesibleygroupdc.com.

Sincerely,

Dr. Allison Sibley