



THE SIBLEY GROUP

Positive psychotherapy for families, couples & adults

TELEHEALTH BILLING FORM

Some insurance companies offer different amounts of reimbursement for telehealth services. In order to offer telehealth sessions, your therapist must be licensed in the jurisdiction from which they call you and the jurisdiction in which you are located during the time of the call. If that is the case, the CPT codes are 90834-95 for a 50-minute session and 90832-95 for a shortened session (90847-95 for Family & Couples Therapy, 90846-95 for Parent Session). While reimbursement is subject to the discretion of your insurance company, it is much more likely when these codes are used. If your therapist is not licensed in the jurisdiction from which you are calling, they may still offer a phone or video session to you when deemed clinically appropriate, using the codes 98966 [5-10 minutes], 98967 [11-20 minutes], 98968 [21-30 minutes], 98967&98968 [45-50 minutes] and 98968&98968 [60 minutes]. These codes are usually not reimbursable through most insurance policies.

I understand that I will need to discuss with my therapist to determine where they are licensed, and will disclose based on my location and my understanding of which codes are reimbursed.

Signature of Client _____ Date _____

Signature of
Parent/Guardian _____ Date _____